

## How Do Students Earn Ranks?

Testing requirements are established by Grandmaster Shuey and are subject to change. When the student has fulfilled all testing prerequisites established by CMIA and his or her instructor believes he or she is prepared to meet the testing standards, the student will be put up to test. Testings are held at the training hall before a judging panel or before Grandmaster Shuey at a scheduled CMIA event. CMIA Test Fees apply. Ranks are currently as follows: Beginner, Novice, Intermediate, Advanced, and Black belt. Time at ranks vary.

## Can an American Cane System Student Also Choose to Train in American Eagle Style?

Students may be allowed to train in American Eagle Style with permission from Grandmaster Crandall.

## Official Cane Master Seminars

CaneMaster Seminars may be scheduled for private agencies, public organizations, and martial arts schools on a variety of topics. Some of these areas include: a variety of self-defense topics (such as techniques against grabs, punches, kicks, etc...), a complete exercise system (strength training, rehabilitation, etc...), traditional cane katas, and more.

To schedule a seminar, please contact Eric Stalloch at the main location of the American Martial Arts Institute at (315)768-1859 or Grandmaster Shuey directly through [canemasters.com](http://canemasters.com).



Left to Right:  
Cane Master Eric Stalloch,  
Grandmaster Mark Shuey,  
Grandmaster Clifford C. Crandall, Jr.

## Other American Martial Arts Institute Programs

### American Eagle Style Classes

**Children's Classes** for 6-12 year olds. **Adult Classes** for ages 18 and up. Unlimited classes taught by certified adult black belt instructors. Additional family members receives a 25% discount

### Superkick Program

**For 3, 4, and 5 year olds.** This 45-minute program meets in three month sessions. It builds self-confidence, small and large motor coordination, balance, focus, and listening skills. Teaches self-defense and awareness.

### Senior Eagles Program

**For ages 55 and older.** This special program specifically designed for men and women 55 and older meets weekly for one hour. Many insurance companies pay for the full cost of the program.

### The Open System

**For ages 30-55.** This Non-Ranking program is for men and women 30-55 who wish to train in the martial arts without pursuing belt ranks. Improve fitness and self-defense with weekly classes.

### Traditional Iaido (Sword)

**For ages 18 and older.** Takenouchi-Hangan-Ryu-Matsumo-Crandall is a 300-year old samurai sword style under the direction of Headmaster Clifford C. Crandall, Jr.

### Women's Self-Defense

**For ages 16 and older.** This special seminar covers practical application for personal and home safety.

### Tai Chi Chuan

**For ages 18 and older.** This ongoing program deals primarily with the traditional basic 24-move form and its history and application.

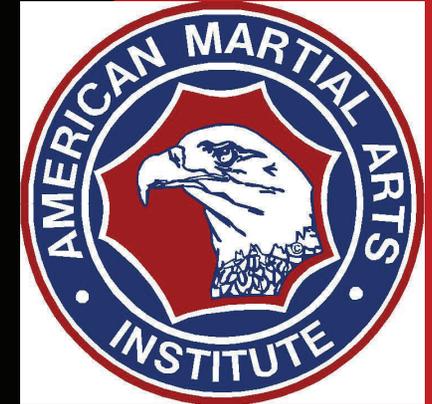
### Special Seminars and Classes

Special seminars available on a variety of topics including child abduction prevention, traditional extension tools (such as bo, tonfa, sai, kama, etc...), the Crandall System, cane self-defense seminars, demonstrations for private and public agencies & more.

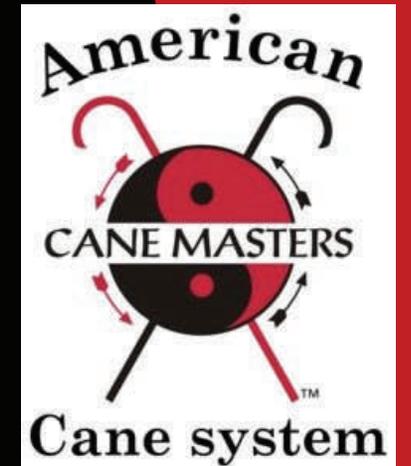
## American Martial Arts Institute

### American Eagle Style

**8380 Seneca Turnpike  
New Hartford, NY 13413  
(315) 768-1859**



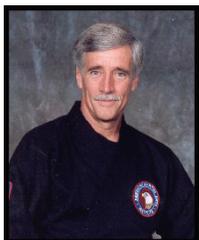
**A Certified CaneMasters International  
Association Training Center  
[www.canemasters.com](http://www.canemasters.com)**



**[www.amai-eaglestyle.com](http://www.amai-eaglestyle.com)**

## Clifford C. Crandall, Jr.

### Grandmaster of the American Martial Arts Institute



The American Martial Arts Institute is under the direction of Clifford C. Crandall Jr., a full-time professional martial artist. He was inducted into the Action Martial Arts Magazine International Hall of Fame and has produced nine instructional video tapes and authored three

books in the field of the martial arts. As a retired Superintendent of Schools in the State of New York with classroom teaching experience plus the unusual combination of once being principal of an elementary school, Kindergarten through fourth grades, and principal of a high school, Grandmaster Crandall brings an educational professionalism seldom seen in a martial arts school. Grandmaster Crandall has had a positive impact on the world of martial arts which continues through his instruction of American Martial Arts Institute Black Belts to maintain the tradition and true meaning of the martial arts. His over 45 years of martial arts training includes professional instruction in traditional Japanese and Chinese styles with his primary heritage in Korean (Tae Kwon Do). The style founded by him and taught by the American Martial Arts Institute is the "American Eagle Style."

### Grandmaster Crandall authorizes two of his Black Belt Instructors to become Certified CaneMasters

Under the supervision of Grandmaster Crandall, two of his American Eagle Style black belts who are also American Martial Arts Institute instructors were permitted to train in the American Cane System. After years of training and teaching, Mr. Eric Stalloch and Mrs. Lynn Jessee tested for and were granted the title and rank of CaneMaster by Grandmaster Mark R. Shuey, Sr., the founder and head of CaneMasters International Association and the American Cane System style. As certified CaneMasters, Mr. Stalloch and Mrs. Jessee are certified to teach the American Cane System and present CaneMaster seminars, but they continue their primary empty-handed American Eagle Style training and teaching in the American Martial Arts Institute under their instructor Grandmaster Crandall.

## What is the American Cane System?

The American Cane System is a traditional martial art style founded by Grandmaster Mark R. Shuey, Sr., in which students are trained in using a walking cane for self-defense. It includes traditional katas, stances, blocks, strikes, self-defense techniques, and other aspects.

## What is Required to Begin Training?

Currently, classes are offered by Cane Master Stalloch at the New Hartford location. **Classes are offered on:**  
**MONDAYS, 8:30 p.m. to 9:30 p.m (weekly)**  
**THURSDAYS, 5:15 p.m to 6:15 p.m. and (weekly)**  
**SATURDAYS, 11:00 a.m to 12:00 p.m. (twice per month).**  
Privately scheduled classes and seminars are also available by speaking with Mr. Stalloch.

In addition, the following conditions apply:

1. Students must be 18 years of age or older.
2. Students must not be currently registered in another martial arts school or style (American Eagle Style students and instructors must first speak with Grandmaster Crandall if interested).
3. Students must register with CaneMasters International Association (Student Membership/ Ranking Program)  
NOTE: This is an annual membership fee.

## What is the Structure of Training Sessions?

All classes are one-hour in length and follow a structured format as follows: meditation, stretching, crook strikes, kicks, blocks (single and double handed), strikes, and kata. This is followed by a training segment that may include: self-defense, swing drills, combination techniques, exercise system, partner cane drills, disarming weapons, and more.

## What Do Students Wear?

Students wear a white uniform jacket and pants with the CaneMasters International Association logo patch on the left lapel. A white shirt is worn beneath the jacket. Students wear a white belt and a patch on the left sleeve that designates their current rank up to the rank of black belt.

## What is the Registration Fee?

\$80.00 per month for unlimited classes (Mondays and Thursdays) and \$50.00 per month for bi-weekly classes. There is a 3-month minimum registration for new members. Students must own an official CaneMasters cane (dojo or instructor's style), a uniform, and register with cane masters. Discounts are available on these items for new members. Payments may be made monthly. Please speak with an instructor for more information.

## About CaneMasters International Association and the American Cane System



CaneMasters International Association (CMIA) is under the direction of its founder, Grandmaster Mark R. Shuey, Sr. Grandmaster Shuey has degrees in Tang Soo Do, Tae Kwon Do, and Hapkido. He has a Master's Certification with USNKA (United States National Karate Assoc.), ATAMA (American Teacher's Assoc. of the Martial Arts), USMA (United States Martial Arts Association), as well as the Independent Karate School Association. He is also the Head of Cane Instruction and the Nevada State Director for the International Combat Hapkido Federation. He has been inducted into numerous Halls of Fame including World Head of Family Sokeship Hall of Fame and Action Martial Arts Hall of Fame. In 2003 BLACK BELT MAGAZINE honored Grandmaster Shuey with Weapons Instructor of the Year. He has produced 9 instructional videos on the cane, 5 instructional videos on yoga, and authored two training manuals for the cane. In addition, CMIA produces high quality canes. Grandmaster Shuey is the Grandmaster and founder of the American Cane System, a traditional martial arts cane style. For more information about Grandmaster Shuey, CaneMasters International Association, and the American Cane System, visit: [www.canemasters.com](http://www.canemasters.com).